



**IS YOUR FAMILY WORTH ONE DAY?
GIVE US 24 HOURS: WE WILL CHANGE YOUR LIFE.
IT'S TIME TO GET HELP! DON'T HESITATE!**

**Classes will begin Monday, February 2, 2009
C.A.R.E. Campus (Alternative School)
(Old Cullman Electric Coop Building)
6:00 - 9:00 P.M.
Evening meal is provided**

For more information contact:

Sandy Waters
Coordinator/Facilitator
Home: (256) 352-5420
Cell: (256) 339-0634
Work: (256) 737-7155

Or

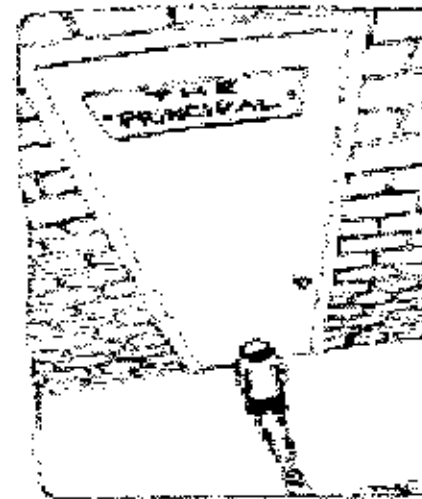
Your local school counselor or principal

Parent Project®

*The tougher it gets to be a kid...
The tougher it gets to be a parent!*

It's time to find help

The Parent Project®
*...provides proven strategies for
parents raising today's children and teens*



www.parentproject.com

****See contact information**
on back**

Parent Project, Sr.®

Parent Project, Sr.® is a program designed to help parents with adolescent children (ages 11 and up).

Parent Project Sr.® teaches both parents and teens how to...

- *Reduce family conflict*
- *Improve school attendance and performance*
- *Prevent or intervene in alcohol or other drug use*
- *Stop violence*
- *Much, much, more!*

This program offers step by step, no nonsense solutions for changing destructive adolescent behaviors. A built in support group component offers parents emotional and practical support as they make difficult changes at home.

In Conjunction with Parent Project Sr.®, the teen curriculum, *PERSONAL AND SOCIAL RESPONSIBILITY*, is an award winning character building program for adolescents that focuses on self discipline and respect for self and others. Studies prove that the program decreases drop-out rates and improves grades of students who complete the program.

Parent Project, Jr.®

For parents raising difficult 5-10 year old children, now there's Parent Project, Jr., *Loving Solutions for Tough Kids®*.

Parent Project, Jr. teaches parents how to find solutions for the...

- *Strong-Willed Child*
- *Sibling Rivalry*
- *Out of control behaviors*
- *Treatments for ADD/ADHD*
- *Remaining Consistent*
- *Choosing Your Battles*

Loving Solutions® offers parenting techniques necessary to bring about lasting behavioral changes for the highly emotional and impulsive young child.

Tutoring provided for children K-5 while parents attend session. Free hot supper provided.

Contact the following facilitator for more information:

Sandy Waters

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